



Congratulations to  
our 2016 winner  
**Envisage Beauty  
Therapy in Hamilton**



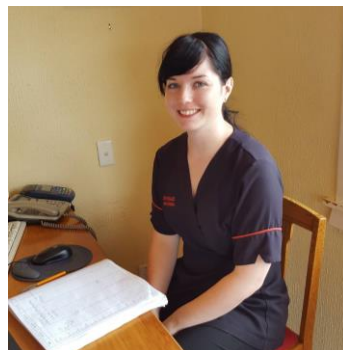
**MARCH 2017**

**FROM OUR STAFF...**

Welcome to 2017. We have had a hectic time over Christmas and a very challenging start to 2017. We would like to acknowledge the support and loyalty of all our clients over this period, especially as we have had some unexpected staff changes and absences. We apologise for any inconvenience that has been caused due to these changes. Thank you for your patience. We have farewelled Sarah & Marina – we wish them both well for the future. We have also had Antarra off work with an injury – we hope she has a speedy recovery and look forward to her return early March, if not before! We have welcomed Sam to the Team at Envisage and she has certainly hit the ground running! Read on for her introductory special and a completely new treatment now available at Envisage! We also welcome Bianca to Envisage – she will be doing some work experience as part of her studies at Elite International School of Beauty & Spa. We look forward to continuing to provide an excellent standard of service to all our clients. Michelle & I have been at Envisage for 10 years, and every year has had its successes and challenges; 2016 was definitely the most memorable. Watch out for our 10<sup>th</sup> year Birthday Special – out soon!

**Dianna, Beauty Therapist & Clinic Manager**

I have been doing beauty for 4 years and am excited to join the team at Envisage. My favourite treatment is lash extensions. They last 2 – 4 weeks and are perfect for a special occasion, whether you want some volume or length, natural or diva – they are both fabulous!



*Lash Extensions are now available at Envisage!*

**Lash Extensions top tips –**

- Avoid mascara
- Avoid water for 48 hours to allow adhesive to bond to your lashes
- Special care around eye area - avoid oils and rubbing your eyes
- Don't attempt to remove lashes yourself; have a lash professional remove them.
- Allow 1 ½ hours for application
- Avoid saunas and swimming pools to make them last longer
- Top up every 2 – 3 weeks

**Treatment Menu –**

Eyelash Extensions Full Set	\$80
Eyelash Extensions ½ set	\$45
Refills	\$35
Removal	\$25

Enjoy your new lashes!

**Sam, Beauty Therapist**



**INTRODUCTORY SPECIAL**  
Make an appointment during March with Sam, for a full set of Eyelash Extensions and receive a **COMPLIMENTARY Eye Lash Tint!!**

My name is Bianca and I work Thursday late nights at Envisage. I am a qualified Beautician and I am currently studying body treatments at Elite International School of Beauty & Spa.

I love all things beauty; especially make up, waxing, spray tanning and eyebrow treatments.

Eyebrows are a very important part of the face that have the power to completely transform your look! I believe that brows accentuate the face and can be customised to reflect who you are. A great way of defining your eyebrows is an eyebrow wax & tint.

#### Tips for a great brow wax –

- Get them maintained by booking in a wax regularly (approx. 4 – 6 weeks)
- Try not to touch the area after waxing
- Do not apply any make up on or around the brows after waxing for at least 4 hours (unless it is a mineral based)
- Do not swim in any public pools for at least 24 hours after your wax to prevent infection.

#### Tips for a great brow tint –

- Get your brows tinted to match your hair colour every 3 – 4 weeks
- Do not swim in any chlorinated pools or spas after a tint as it will strip it off
- Don't use a sauna after a tinting treatment as it will strip it off also
- Don't use any oil-based makeup remover after a tint

#### Treatment Menu –

Eyebrow Wax (Shape) \$18  
Eyebrow Tint \$18  
Eyebrow Wax (Shape) & Tint \$32  
Eyeworks - Lashes & brows tinted and brow shape \$42



***Bianca, Beautician & Trainee Beauty Therapist***

#### BIRTHDAY CELEBRATIONS

*We are celebrating our 10<sup>th</sup> Birthday at Envisage Beauty Therapy!*



*We appreciate your continued support and loyalty, and would love for you to celebrate with us!*

*Look out for our April / May 2017 special!*



#### CLINIC HOURS

Open Monday by appointment

Wednesday & Friday 8.30 am – 5.30 pm

Tuesday & Thursday 8.30 am – 8.00 pm

Saturday 8.30 am – 4.00 pm

*Please note we will be closed for Easter weekend - Friday 14, Saturday 15 & Monday 17 April 2017.*

#### Looking good, feeling amazing!!

*Make 2017 your year for feeling AMAZING! It is the time to start moving, fuel your body well and making sure you get enough sleep. Start making small steps everyday towards a healthier you.*

*Being physically active doesn't have to mean long periods of difficult exercise. It can be as simple as getting up and moving more; walking instead of taking the car, stairs instead of the elevator, walking breaks at work or meeting friends for a walk instead of a coffee.*

*If you want to really get the sweat flowing I am a huge fan of circuits. You don't need any equipment. You don't need lots of time, you just need to make time for you and get it done. Firstly select 5 total body exercises (e.g. squats, lunges, push ups, mountain climbers, plank), and then alternate each exercise with 30 seconds of step ups, a run or a walk. Challenge yourself; how many rounds can you do. Alternatively do 10 reps of each, with a run and see how many rounds you can do in 15, 20, 30 minutes.*

*Make it challenging, make it rewarding and make it FUN! You know you will feel amazing afterwards.*

*If you need more of a push, check out my Facebook page for regular FREE monthly challenges.*



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Website: [www.sovocefitness.co.nz](http://www.sovocefitness.co.nz)

# 50% off

## MANICURES & PEDICURES

### Have your hands and feet looking their best!

### RRP \$55 – ONLY \$27.50

March / April 2017 only. Terms & Conditions may apply.

